

[Start Assignment](#)

**Due** Saturday by 10:59pm    **Points** 100    **Submitting** a text entry box or a file upload  
**Attempts** 0    **Allowed Attempts** 2

## [«Back to Week at a Glance](#)

<https://waldenu.instructure.com/courses/94259/modules/items/3175857>

# CASE STUDY ASSIGNMENT: ASSESSMENT OF NUTRITION IN CHILDREN

[!\[\]\(003082e50e3009141f59bd5df831749f\_img.jpg\)A photograph showing three healthcare professionals in a clinical setting. One person in blue scrubs is holding a tablet or document, while two others, one in a purple top and one in a white top, are looking at it. They appear to be in a discussion or collaborative work environment.](https://cdn-</a></p></div><div data-bbox=)

[media.waldenu.edu/2dett4d/Walden/Canvas/Getty/1920x938/GettyLicense\\_497325323.jpg](https://media.waldenu.edu/2dett4d/Walden/Canvas/Getty/1920x938/GettyLicense_497325323.jpg)

When seeking to identify a patient's health condition, advanced practice nurses can use a diverse selection of diagnostic tests and assessment tools; however, different factors affect the validity and reliability of the results produced by these tests or tools. Nurses must be aware of these factors in order to select the most appropriate test or tool and to accurately interpret the results.

Not only do these diagnostic tests affect adults, body measurements can provide a general picture of whether a child is receiving adequate nutrition or is at risk for health issues. These data, however, are just one aspect to be considered. Lifestyle, family history, and culture—among other factors—are also relevant. That said, gathering and communicating this information can be a delicate process.

For this Assignment, you will consider examples of children with various weight issues. You will explore how you could effectively gather information and encourage parents and caregivers to be proactive about their children's health and weight.

## RESOURCES



Be sure to review the Learning Resources before completing this activity.  
Click the weekly resources link to access the resources.

**WEEKLY RESOURCES** (<https://waldenu.instructure.com/courses/94259/modules/items/3175868>)

## TO PREPARE

- Review this week's Learning Resources and consider factors that impact the validity and reliability of various assessment tools and diagnostic tests. You also will review examples of pediatric patients and their families as it relates to BMI.
  - Based on the risks you might identify consider what further information you would need to gain a full understanding of the child's health. Think about how you could gather this information in a sensitive fashion.
  - Consider how you could encourage parents or caregivers to be proactive toward the child's health.

## THE ASSIGNMENT

**Assignment** (3–4 pages, not including title and reference pages):

**Assignment: Child Health Case:**

Include the following:

- An explanation of the health issues and risks that are relevant to the child you were assigned.
- Describe additional information you would need in order to further assess his or her weight-related health.
- Identify and describe any risks and consider what further information you would need to gain a full understanding of the child's health. Think about how you could gather this information in a sensitive fashion.
- Taking into account the parents' and caregivers' potential sensitivities, list at least three specific questions you would ask about the child to gather more information.

- Provide at least two strategies you could employ to encourage the parents or caregivers to be proactive about their child's health and weight.

## BY DAY 6 OF WEEK 3

**Submit** your Assignment.

## SUBMISSION INFORMATION

Before submitting your final assignment, you can check your draft for authenticity. To check your draft, access the **Turnitin Drafts** from the **Start Here** area.

1. To submit your completed assignment, save your Assignment as **WK3Assgn1+last name+first initial**.
2. Then, click on **Start Assignment** near the top of the page.
3. Next, click on **Upload File** and select **Submit Assignment** for review.

WALDEN UNIVERSITY

**NURS\_6512\_Week\_3\_Assignment\_1\_Rubric**

Criteria	Ratings				Pts
<p>In 3–4 pages, address the following: An explanation of the health issues and risks that are relevant to the child you were assigned.</p>	<p><b>25 to &gt;24.0 pts</b> <b>Excellent</b></p> <p>The response clearly, accurately, and in detail explains the relevant health issues and risks for the assigned child.</p>	<p><b>24 to &gt;23.0 pts</b> <b>Good</b></p> <p>The response accurately explains the relevant health issues and risks for the assigned child.</p>	<p><b>23 to &gt;17.0 pts</b> <b>Fair</b></p> <p>The response vaguely and with some inaccuracy explains the relevant health issues and risks for the assigned child.</p>	<p><b>17 to &gt;0 pts</b> <b>Poor</b></p> <p>The response is inaccurate and/or missing explanations of the relevant health issues and risks for the assigned child.</p>	25 pts
<p>Describe additional information you would need in order to further assess his or her weight-related health.</p>	<p><b>25 to &gt;24.0 pts</b> <b>Excellent</b></p> <p>The response clearly and accurately describes detailed additional information needed to further assess the child's weight-related health.</p>	<p><b>24 to &gt;23.0 pts</b> <b>Good</b></p> <p>The response accurately describes additional information needed to further assess the child's weight-related health.</p>	<p><b>23 to &gt;17.0 pts</b> <b>Fair</b></p> <p>The response vaguely and with some inaccuracy describes additional information needed to further assess the child's weight-related health.</p>	<p><b>17 to &gt;0 pts</b> <b>Poor</b></p> <p>The response is inaccurate and/or missing a description of additional information needed to further assess the child's weight-related health.</p>	25 pts
<p>Identify and describe any risks, and consider what further information you would need to gain a full understanding of the child's health. Think about how you could gather this information in a sensitive fashion.</p>	<p><b>20 to &gt;17.0 pts</b> <b>Excellent</b></p> <p>The response clearly and accurately identifies and describes in detail any risks to the child's health. The response clearly and accurately identifies and describes in detail further information needed to gain a full understanding of the child's health, with a</p>	<p><b>17 to &gt;14.0 pts</b> <b>Good</b></p> <p>The response accurately identifies and describes any risks to the child's health. The response accurately identifies and describes further information needed to gain a full understanding of the child's health, with a clear explanation</p>	<p><b>14 to &gt;13.0 pts</b> <b>Fair</b></p> <p>The response vaguely and with some inaccuracy identifies and describes any risks to the child's health. The response vaguely identifies and describes further information needed to gain a full understanding of the child's health, with a vague explanation</p>	<p><b>13 to &gt;0 pts</b> <b>Poor</b></p> <p>The response identifies inaccurately and/or is missing descriptions of any risks to the child's health. The response identifies inaccurately and/or is missing descriptions of further information needed to gain a full</p>	20 pts

Criteria	Ratings				Pts
	detailed explanation of how to gather that information in a way that is sensitive to the child.	of how to gather that information in a way that is sensitive to the child.	of how to gather that information in a way that is sensitive to the child.	understanding of the child's health, with an inadequate or missing explanation of how to gather that information	
Taking into account the parents' and caregivers' potential sensitivities, list at least three specific questions you would ask about the child to gather more information.	<b>10 to &gt;9.0 pts Excellent</b> The response clearly and accurately lists three or more specific questions that would gather more information about the child. Specific questions are carefully worded to clearly demonstrate sensitivity to the parent(s) or caregiver(s) of the child.	<b>9 to &gt;8.0 pts Good</b> The response lists three specific questions that would gather more information about the child. Specific questions are worded to demonstrate sensitivity to the parent(s) or caregiver(s) of the child.	<b>8 to &gt;7.0 pts Fair</b> The response lists three questions with wording that is vague and lacking specificity for gathering more information about the child. Some wording of the questions lacks sensitivity to the parent(s) or caregiver(s) of the child.	<del>in a way that is sensitive to the child.</del> <b>7 to &gt;0 pts Poor</b> The response lists two or fewer confusing or inadequate questions, or is missing questions, for gathering more information about the child. Wording of questions provided lacks sensitivity to the parent(s) or caregiver(s) of the child.	10 pts
Provide at least two strategies you could employ to encourage the parents or caregivers to be proactive about their child's health and weight.	<b>5 to &gt;4.0 pts Excellent</b> The response clearly describes two or more detailed strategies to encourage the parent(s) or caregiver(s) to be proactive about the child's health and weight.	<b>4 to &gt;3.0 pts Good</b> The response describes at least two strategies to encourage the parent(s) or caregiver(s) to be proactive about the child's health and weight.	<b>3 to &gt;2.0 pts Fair</b> The response vaguely describes two strategies to encourage the parent(s) or caregiver(s) to be proactive about the child's health and weight.	<b>2 to &gt;0 pts Poor</b> The response inadequately describes one strategy or is missing strategies to encourage the parent(s) or caregiver(s) to be proactive about the child's health and weight.	5 pts
Written Expression and Formatting - Paragraph	<b>5 to &gt;4.0 pts Excellent</b>	<b>4 to &gt;3.0 pts Good</b>	<b>3 to &gt;2.0 pts Fair</b>	<b>2 to &gt;0 pts Poor</b>	5 pts

Criteria	Ratings				Pts
<p>Development and Organization: Paragraphs make clear points that support well-developed ideas, flow logically, and demonstrate continuity of ideas. Sentences are carefully focused--neither long and rambling nor short and lacking substance. A clear and comprehensive purpose statement and introduction are provided that delineate all required criteria.</p>	<p>Paragraphs and sentences follow writing standards for flow, continuity, and clarity. A clear and comprehensive purpose statement, introduction, and conclusion are provided that delineate all required criteria.</p>	<p>Paragraphs and sentences follow writing standards for flow, continuity, and clarity 80% of the time. Purpose, introduction, and conclusion of the assignment are stated, yet are brief and not descriptive.</p>	<p>Paragraphs and sentences follow writing standards for flow, continuity, and clarity 60%–79% of the time. Purpose, introduction, and conclusion of the assignment are vague or off topic.</p>	<p>Paragraphs and sentences follow writing standards for flow, continuity, and clarity &lt; 60% of the time. No purpose statement, introduction, or conclusion were provided.</p>	
<p>Written Expression and Formatting - English writing standards: Correct grammar, mechanics, and proper punctuation</p>	<p><b>5 to &gt;4.0 pts Excellent</b> Uses correct grammar, spelling, and punctuation with no errors.</p>	<p><b>4 to &gt;3.0 pts Good</b> Contains a few (1 or 2) grammar, spelling, and punctuation errors.</p>	<p><b>3 to &gt;2.0 pts Fair</b> Contains several (3 or 4) grammar, spelling, and punctuation errors.</p>	<p><b>2 to &gt;0 pts Poor</b> Contains many (≥ 5) grammar, spelling, and punctuation errors that interfere with the reader's understanding.</p>	5 pts
<p>Written Expression and Formatting - The paper follows correct APA format for title page, headings, font, spacing, margins, indentations, page numbers, running heads, parenthetical/in-text citations, and reference list.</p>	<p><b>5 to &gt;4.0 pts Excellent</b> Uses correct APA format with no errors.</p>	<p><b>4 to &gt;3.0 pts Good</b> Contains a few (1 or 2) APA format errors.</p>	<p><b>3 to &gt;2.0 pts Fair</b> Contains several (3 or 4) APA format errors.</p>	<p><b>2 to &gt;0 pts Poor</b> Contains many (≥ 5) APA format errors.</p>	5 pts

<b>Criteria</b>	<b>Ratings</b>	<b>Pts</b>
Total Points: 100		