

Log Book Summary

Student: Gisselle Mustiga (WLK - 900143304)

Allocation Group: 2022 Summer WLK PMHNP I

Agency: Dr. Richard Potts, MD

Supervisor: Richard Potts

Start & End Date: 05/23/2022 to 08/14/2022

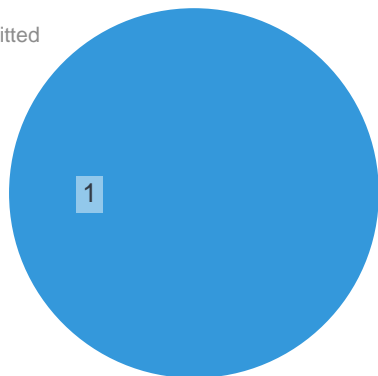
Duration: 50 hours req. - 41 hours rmng

Experience: WLK NSG 535: Advanced Practic

Attendance: 09:00

Status

Submitted



Activity Break Down

Activity	Time Spent
Duration of Patient Encounter	01:30
Total	01:30

06/08/2022

08:30 to 17:30

09:00

01:30

Session 1: 06/08/2022

Activity Time: 01:30

Activity *

Activity Category	Activity	Comments	Activity Time
Duration of Patient Encounter	Shared (50-50)	-	01:30

Patient Demographics

Field Name	Answer
Age (in years)	36
Supporting Comment: - Gender	Male
Supporting Comment: - Insurance	Private Insurance
Supporting Comment: - Race	White
Supporting Comment: - Referral	No Referral
Supporting Comment: -	

Clinical Information

Field Name	Answer
1. Reason for Visit	Follow-Up (Consult)
Supporting Comment: -	
2. Social Problems Addressed	Emotional
Supporting Comment: -	
3. Medication(s)	Fluoxetine 10mg QD (HS)
Supporting Comment: -	
4. Procedures	N/A
Supporting Comment: -	
5. Type of Decision Making	Low complexity
Supporting Comment: -	
6. Patient visit was completed via telemedicine	No was not telemedicine
Supporting Comment: -	
7. Chief Complaint	I'm here to follow up and see how the Prozac that I was prescribed 2 weeks ago is working for me."
Supporting Comment: -	

Industry code *

Code Name	Description
ICD-10	F320 Major depressive disorder, single episode, mild ~ F32.0

SOAP Notes

Field Name	Answer
Subjective	A.J. is a 36 y/o Caucasian male patient that presents to the office for his 2 week F/U of Prozac trial initiation . He initially came 2 weeks ago with complaints of low energy and mood that had been going on for 6 months prior following a divorce. He states that he generally has been doing well in these past 2 weeks. Depressive symptoms have improved but he still feels down at times. He feels the medication is helping somewhat and without any noticeable side-effects. He stated the Prozac was making him feel sleepy while taking it in the mornings so he switched to taking it at night time before bed with no further complaints. He is is compliant with medications and O/P Thx. He has no SI/II. He is sleeping better, sleeping 7-8 hours of restful sleep each night. Mood is stable. Appetite has increased some, but no reports of weight gain. Energy levels are better. No sexual S/E reported. Interest in Pleasurable activities is sustained. Sociableness is good.
Supporting Comment: -	

Objective

Vitals: T 98.4, P 82, R 16, BP 122/78
 ROS of 10-systems performed and documented, with no pertinent findings.
 Labs: CBC, CMP, and TSH all WNL (Drawn 5/27)
 Allergies: NKA
 Current Medications: Prozac 10mg QD (HS)
 MSE:
 General: Well groomed; dressed appropriate for weather. Alert and oriented to all spheres.
 Affect: Euthymic and congruent with mood.
 Mood (Client Reported): Stable
 Attitude and Behavior: Calm and cooperative with HCP and PMHNP Student
 Speech: Fluent and normal rate and tone
 Thought Processes: Normal and Organized
 Thought Content: Normal; Associations: Well-related; Perception: Denies audio/visual hallucinations. No report of paranoia or delusion.
 Cognition: Unimpaired and unimpaired abstract thinking.
 Decision Making/Impulse Control: Intact.
 Concentration/Attention Span/Calculation: Unimpaired as evidenced by ability to complete the Serial Sevens tests; able to complete the memory test; able to complete the visuospatial ability test. Memory: Intact.
 Disposition

Supporting Comment: - Assessment

DSM5 Dx: F320 - Major depressive disorder, single episode, mild (Principal).

Supporting Comment: - Plan

- Continue Fluoxetine at 10mg QHS dose. If no further improvement in the next 2 weeks, we will consider increasing dose to 20mg. Patient educated on S/E and proper usage of medication.
- Continue O/P counseling.
- Patient educated on the importance of nutritious eating and physical activity.
- Follow-up in 2 weeks or earlier if any depressive symptoms worsen.

Supporting Comment: -

Clinical Notes *

N/A

Assessment & Comments

Assessment Result: -

Student Comment: -

Supervisor Comment: -

Placement Coordinator Comment: -